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PAEDIATRIC DENTAL ADMISSION INFORMATION

ADMISSION DATE: _____ **ADMISSION TIME:** _____

IMPORTANT INFORMATION: Your child will be given an anaesthetic for this procedure.

- Please ensure that your child **DOES NOT EAT** anything for **4 hours before** the admission time.
- **CLEAR FLUIDS ONLY** (e.g. water or lemonade) are allowed up to **2 hours before admission**.

Why am I going to hospital?

Children are special people and need special attention for their visit to hospital. Nobody knows your child better than you, so use your instincts to make them feel at ease. Explain to your child simply and clearly the reason for visiting hospital. Remember children will pick up on your vibes so a positive approach is helpful.

Explain that having an operation involves a special sleep (anaesthetic) in a special bed and when they wake up the operation will be over. Be honest and factual – explain to your child some of the things that are necessary including the possibility of a sore throat and bandages.

Ask our staff, the anaesthetist or the operating doctor for more information if you are unsure of the answer to any question.

How long will your child be in hospital?

Your child will be admitted about half- to one- hour before the procedure. This time allows the anaesthetist to complete an examination and assess the child's suitability for the operation on the day. Please be aware that if any increased risks are identified, the operation cannot proceed. **If you have any doubts about your child's health perhaps because of a cough, cold, rash, etc, please phone the Doctors rooms before admission.**

The waiting time before the operation will be more comfortable if your child has a favourite toy, bear, Game-boy etc with them.



A book for you to read to your child is useful, especially for young children. We have a video player in the Admission room should you wish to bring a favourite video.

It is preferable for 2 adults to come to hospital.

During the car trip home one adult can sit in the back seat with the child, so that the other can concentrate on driving.

You will need to make arrangements for the care of other children whilst your child is in hospital. Please do not bring them along.

How long will the operation take?

You will accompany your child into the operating room so that they feel secure and comfortable. The operation may be quite lengthy.



If you intend leaving the hospital during the operation please bring a mobile phone so we can contact you when the operation is about to finish.

What happens after the operation?

Once the operation is finished you will be encouraged to snuggle and comfort your child.

We have a supply of light refreshments available such as apple juice, lemonade and jelly to ease their sore throat. **If your child has special dietary requirements please bring these with you.**



It is common for children to be a little upset when they wake after the anaesthetic simply because of the strange surroundings and the "funny feeling".

We will be there to help and reassure and of course, monitor your child's recovery from the operation.

Your child will want your undivided attention in recovery.

During the immediate recovery phase only one parent/guardian is able to be in the Recovery area.

Once your child is more awake and in the second stage Recovery room, the other adult can come in.

Recovery time is usually 1 to 2 hours.

What happens after you go home?

A separate leaflet containing discharge instructions will be provided before you leave the hospital.

What else should you bring?

Dress your child in loose clothes (shorts & t-shirt). Your child will not be required to change into special clothes for the operation however a change of clothes may be required afterwards.

